

FRITO® BURRITO



INGREDIENTS FOR 100 SERVINGS:

- 21.5 lbs. USDA Turkey Taco filling (100119)
- 3 lbs. + 2 oz. USDA Reduced Fat Shredded Cheddar Cheese (100012)
- 25 c. USDA Refried Beans (100362)
- 12 ½ c. USDA Salsa (110186)
- 5 -16 oz. bags FRITOS® Reduced Fat Original Corn Chips
- 100– 10" Whole Grain Rich Flour Tortillas

Nutrition Facts

1 Serving:

1- 10" WG Flour tortilla + 2/3 c. filling:
 (3.4 oz. turkey taco filling + .5 oz. cheese
 + 1/8 c. refried beans + 1/8 c. salsa) + .8
 oz. FRITOS® Reduced Fat Original Corn
 Chips

Calories	575
Calories from Fat	204
Total Fat	23g
Saturated Fat	6g
Trans Fat	0g
Cholesterol	55mg
Sodium	858mg
Total Carbohydrates	61g
Dietary Fiber	10g
Protein	30g

Directions:

1. Mix Turkey Taco Filling, refried beans and salsa together. Heat thoroughly.
2. Heat tortillas by steaming, grilling, or microwaving (see manufacturer's directions).
3. Place ~ 2/3 c. of taco filling mixture onto a tortilla.
4. Place ½ oz. cheese and .8 oz. FRITOS® Reduced Fat Original Corn Chips on top of tortilla.
5. Fold up bottom of tortilla and roll the tortilla, pressing mixture as it is rolled.
6. Serve with additional salsa if desired.

Each Serving Provides:

2 ½ oz. Meat/MA
 3/8 c. Vegetables
 3.25 oz. eq. Grains

