



CARIBBEAN CHICKEN NACHOS WITH TOSTITOS® WHOLE GRAIN RICH CRISPY ROUND TORTILLA CHIPS

Each Serving Provides:

2 oz. Meat/MA
 (1.5 oz. chicken + .5 oz. cheese)
3/8 c. Vegetables
 ¼ c. Red/Orange (1/4 c. red pepper)
 1/8 c. Other (1/8 c. green pepper)
1/8 c. Fruit (1/8 c. mango)
2 oz. eq. Grains (1.4 oz. TOSTITOS® Whole
 Grain Rich Crispy Round Tortilla Chips)

Caribbean Chicken Nachos with TOSTITOS® Whole Grain Rich Crispy Round Tortilla Chips

INGREDIENT	QUANTITY 100 servings	1 Serving
TOSTITOS® Whole Grain Rich Crispy Round Tortilla Chips (62399)	8 - 16 oz. bags + 12 oz.	1.4 oz.
USDA diced, Chicken (100101)	9 lbs. + 6 oz.	1.5 oz.
Pineapple Juice	1 Gal. + 1 pt. + 3/4 c.	.1875 oz.
BBQ Sauce	2 Gal. + 1 pt. + 3/4 c.	.34 oz.
Corn Starch	2 c. + 4 tsp.	1 tsp.
USDA Reduced Fat Cheddar Cheese (100012)	3 lbs. + 2 oz.	.5 oz.
Diced Red Bell Peppers	1 Gal. + 2 Qts. + 1 c.	1/4 c.
Diced Green Bell Peppers	3 Qts. + 1/2 c.	1/8 c.
Diced Mango (canned or frozen) OR diced pineapple	3 Qts. + 1/2 c.	1/8 c.
Chopped Cilantro (optional)	1 c. + 2 tsp.	1 tsp.

PREPARATION

1. In a pot, add chicken, pineapple juice, BBQ sauce, and corn starch. Heat mixture over medium heat until the chicken reaches an internal temperature of 165°F and the sauce thickens.

2. Portion out TOSTITOS® Whole Grain Rich Crispy Round Tortilla Chips on a plate. Top chips with approximately 3/4 c. of the chicken mixture, red and green peppers, cheese, mango, and cilantro (optional). Serve with a fork.

Nutritional Facts Panel

Nutrition Facts	
1 Serving:	
Calories	441
Saturated Fat	3g
Sodium	709mg