



HAVANA NACHOS WITH TOSTITOS® WHOLE GRAIN RICH CRISPY ROUNDS TORTILLA CHIPS

Each Serving Provides:

2 oz. Meat/MA

(1.5 oz. chicken + .5 oz. cheese)

1/8 c. Vegetables

1/8 c. Red/Orange (3 Tbsp. red bell peppers)

1/4 c. Fruit (3 Tbsp. Pineapple Juice + 1/8 c. mangos)

2 oz. eq. Grain (1.4 oz. TOSTITOS® Whole Grain Rich Crispy Rounds)

Havana Nachos with TOSTITOS® Whole Grain Rich Crispy Rounds Tortilla Chips

INGREDIENT	QUANTITY 100 servings	1 Serving
TOSTITOS® Whole Grain Rich Crispy Rounds Tortilla Chips	8 lbs. + 12 oz.	1 -1.4 oz. bag
USDA diced chicken (100101)	9 lbs. + 6 oz.	1.5 oz.
Pineapple Juice	1 Gal. + 2 3/4 c.	3 Tbsp.
BBQ Sauce	12 lbs. + 4 oz.	3 Tbsp.
USDA Reduced Fat Shredded Cheese (100012)	3 lbs. + 2 oz.	.5 oz.
Red Bell Peppers, 1/4 in. dice	1 Gal. + 2 3/4 c.	3 Tbsp.
Mango, frozen diced	3 Qts. + 1/2 c.	2 Tbsp.
Red Onion, 1/4 in. dice	1 Qt. + 2 1/4 c.	1 Tbsp.
Cilantro, minced	1 c. + 1/2 Tbsp.	.5 tsp.

PREPARATION

In a small pot, add chicken, pineapple juice, and BBQ sauce. Heat mixture over medium heat until the chicken reaches an internal temperature of 165°F and the sauce thickens. Portion out TOSTITOS® on a plate. Top chips with the red peppers, mango, onion, and cilantro. Serve with a fork.

Nutrition Facts	
1 Serving:	
Calories	443
Saturated Fat	3.5g
Sodium	742mg