



SPICY SWEET ASIAN CRUNCH SALAD WITH DORITOS® REDUCED FAT SPICY SWEET CHILI FLAVORED TORTILLA CHIPS

Each Serving Provides:
2 oz. Meat/MA (2 oz. chicken)
1 c Vegetables
 ½ c. **Green** (1 c. romaine)
 ¼ c. **Red/Orange** (1/4 c. tomatoes)
 ¼ c. **Legumes** (1/4 c. soybeans)
 ¼ c. **Fruit** (1/4 c. mandarin oranges)
1.5 oz. eq. Grains (1 oz. Doritos®
 Reduced Fat Spicy Sweet Chili
 flavored Tortilla Chips)

Spicy Sweet Asian Crunch Salad with DORITOS® Reduced Fat Spicy Sweet Chili Flavored Tortilla Chips

INGREDIENT	QUANTITY 100 servings	1 Serving
Diced chicken	12 lbs. + 8 oz.	2 oz.
Shredded romaine	6 Gal. + 1 Qt.	1 c.
Soybeans	1 gal. + 2 Qts + 1 cup	1/4 c.
Mandarin oranges	1 gal. + 2 Qts + 1 cup	1/4 c.
Chopped tomatoes	1 gal. + 2 Qts + 1 cup	1/4 c.
Ginger Sesame Salad Dressing	3 Qts + 1/2 c.	1 oz.
1 oz. bags DORITOS® Reduced Fat Spicy Sweet Chili Flavored Tortilla Chips (49093)	100	1-1 oz. bag

PREPARATION

- Portion 1 cup chopped lettuce into serving bowls. Layer 2 oz. cooked diced chicken on top of lettuce, then add 1/4 cup each of soybeans, mandarin oranges, and tomatoes.
- Sprinkle 1 oz. DORITOS® Reduced Fat Spicy Sweet Chili Flavored Tortilla Chips over salad. Serve immediately, alongside a 1 oz. portion or package of sesame ginger dressing.

Nutrition Facts	
1 Serving:	
Calories	403
Saturated Fat	2.2g
Sodium	538mg