



CHICKEN N' SPICE WITH FRITOS® ORIGINAL CORN CHIPS

Each Serving Provides:

2 oz. Meat/MA (2 oz. chicken)
1 c. Vegetables
 ½ c. **Legumes** (1/2 c. pinto beans)
 ¼ c. **Other** (1/4 c. romaine + 1/8 c. salsa verde)
 ¼ c. **Red/Orange** (1/4 c. tomatoes)
2 oz. eq. Grains (1.5 oz. FRITOS® Original Corn Chips)

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INGREDIENT	QUANTITY 100 servings	1 Serving
50 oz. cans Cream of Chicken Soup	2	1 oz.
Reduced Fat Sour Cream	3 lbs. + 2 oz.	.5 oz.
USDA diced chicken (100101)	12 lbs. + 8 oz.	2 oz.
Salsa Verde or USDA Salsa (110186)	12 1/2 c.	1/8 c.
FRITOS® Original Corn Chips	8.75 lbs	1.5 oz.
Diced tomatoes	1 1/2 Gal. + 1 c.	1/4 c.
Shredded Romaine	1 1/2 Gal. + 1 c.	1/4 c.
USDA canned pinto beans (100365)	3 Gal. + 2 c.	1/2 c.
Cumin	1/2 c.	1/4 tsp.
Chili powder	1/2 c.	1/4 tsp.
Garlic powder	1/2 c.	1/4 tsp.

PREPARATION

1. In a large pot over medium-high heat, add chicken soup, sour cream, diced chicken, and salsa (or salsa verde). Heat until mixture reaches 165°F, stirring occasionally.
2. Meanwhile, prepare seasoned pinto beans by mixing the pinto beans with cumin, chili powder, and garlic powder. Heat until mixture reaches 165 °F, stirring occasionally.
3. To serve, portion 1.4 oz. FRITOS® Original Corn Chips into serving bowl, and top with 1/2 cup hot chicken mixture.

4. Add 1/4 cup lettuce, and 1/4 cup tomatoes. Serve immediately with 1/2 cup seasoned beans on the side.

Nutritional Facts Panel

Nutrition Facts	
1 Serving:	
Calories	484
Saturated Fat	3.3g
Sodium	566mg