



## CHICKEN ENCHILADA NACHOS WITH WALKING TACO TOSTITOS® REDUCED FAT CRISPY ROUNDS TORTILLA CHIPS

### Each Serving Provides:

**4 oz. Meat/MA** (3 oz. chicken + 1 oz. cheese)  
**1 1/8 c. Vegetables**  
     3/8 c. Red/Orange (1/8 c. salsa + 1/4 c. tomatoes)  
     1/4 c. Legumes (.3 c. black beans)  
     1/4 c. Other (1/4 c. green bell peppers)  
     1/4 c. Starchy (1/4 c. corn)  
**2 oz. eq. Grains** (1.4 oz. Walking Taco TOSTITOS RF Crispy Rounds)

### Chicken Enchilada Nachos with Walking Taco TOSTITOS® Reduced Fat Crispy Rounds Tortilla Chips

INGREDIENT	QUANTITY 100 servings	1 Serving
USDA diced Chicken (100101)	18 lbs. + 12 oz.	3 oz.
Red Enchilada Sauce	1 Gal. + 1 Pt. + 3/4 c.	1/8 c.
USDA salsa (110186)	1 Gal. + 1 Pt. + 3/4 c.	1/8 c.
USDA Yellow Shredded Cheese (100012)	6 lbs. + 4 oz.	1 oz.
Green bell peppers (1/4" dice)	1 Gal + 2 Qts. + 1 c.	1/4 c.
Diced tomatoes	1 Gal + 2 Qts. + 1 c.	1/4 c.
USDA canned corn (100313)	1 Gal + 2 Qts. + 1 c.	1/4 c.
USDA canned black beans (100359)	1 Gal. + 3 Qts. + 1 Pt. + 1 1/4 c.	1/4 c.
Fat Free Ranch Dressing	1 Qt. + 1 Pt. + 1/4 c.	.5 oz.
Cumin	1/2 c. + 1 tsp.	1/4 tsp.
Smoked paprika	1/2 c. + 1 tsp.	1/4 tsp.
<u>1.4 oz. Walking Taco TOSTITOS® Reduced Fat Crispy Round Tortilla Chips</u>	100	1 - 1.4 oz. bag

PREPARATION

- 1. In a large pot over medium heat, add chicken, enchilada sauce, salsa, peppers, and paprika. Heat and stir occasionally, until the mixture reaches 165°F and peppers have softened. Hold hot until needed.
- 2. To make the ranch pico de gallo: In a separate bowl, mix the tomatoes, corn black beans, ranch, and cumin together. Store cold until needed.
- 3. Top the Walking Taco TOSTITOS® Reduced Fat Crispy Rounds Tortilla Chips, either on a plate or directly in opened bag, with 1 cup hot chicken mixture. Garnish with 1 oz. shredded cheese and 3/4 c. ranch pico de gallo. Serve immediately.

Nutritional Facts Panel

Nutrition Facts	
1 Serving:	
Calories	540
Saturated Fat	5.2g
Sodium	776mg