



FRITOS® MAC ATTACK WITH FRITOS® ORIGINAL CORN CHIPS

Each Serving Provides:

2 oz. Meat/MA (6 oz. Mac & Cheese)
¼ c. Vegetables
 ¼ c. Green (1/4 c. broccoli)
1.25 oz. eq. Grains
 (.25 oz. Fritos = .25 OEG +
 6 oz. mac & cheese = 1 OEG)

FRITOS® Mac Attack with FRITOS® Original Corn Chips

INGREDIENT	QUANTITY 100 servings	1 Serving
Cooked broccoli cut into 1/2" pieces (110282)	1 gal + 1 Qt. + 1 c.	1/4 c.
Macaroni and Cheese, prepared, whole grain	37.5 lbs.	6 oz.
FRITOS® Original Corn Chips	25 oz.	.25 oz.

PREPARATION

1. Prepare Macaroni and Cheese according to manufacturers directions.
2. Prepare broccoli according to manufacturers directions. When tender crisp, drain well and stir into the pan(s) of macaroni and cheese.
3. Add FRITOS® Original Corn Chips to top of Macaroni Cheese/Broccoli casserole. Return to oven for 5 minutes. Serve hot.

Nutritional Facts Panel

Nutrition Facts	
1 Serving:	
Calories	402
Saturated Fat	13.9g
Sodium	958mg