



# MAC N' CHEESE CRUNCH WRAP WITH FRITOS® ORIGINAL CORN CHIPS

#### Each Serving Provides:

## 4 oz. Meat/MA

(3 oz. Mac & Cheese = 1 MMA + 2 oz. cheese = 2 oz. MMA + 1.22 oz. sliced ham = 1 oz. MMA )

**4.25 oz. eq. Grain** (10" tortilla = 2.5 OEG + 1 oz. Fritos Original Corn Chips = 1.25 OEG + .3 oz. WG Mach & Cheese = .5 OEG)

## Mac n' Cheese Crunch Wrap with FRITOS® Original Corn Chips

| INGREDIENT   | QUANTITY<br>100 servings | 1 Serving      |
|--|--------------------------|----------------|
| Reduced Fat/Reduced Sodium Whole Grain Rich Mac & Cheese | 18.75 lbs.               | 3 oz.          |
| USDA diced ham (100188)                                  | 7 lbs. + 10 oz.          | 1.22 oz.       |
| USDA Reduced Fat Shredded Yellow Cheese (100012)         | 12 lbs. + 8 oz.          | 2 oz.          |
| 10" Whole Grain Rich Flour Tortilla                      | 100                      | 1-10" tortilla |
| FRITOS® Original Corn Chips - Bulk                       | 6 lbs. + 4 oz.           | 1 oz.          |

## **PREPARATION**

- 1. Lay tortillas out on the counter.
- 2. Heat up Mac & Cheese.
- 3. Top the tortilla with 3 oz. Mac & Cheese, top with 1.22 oz. Ham & 2 oz. Cheddar Cheese, then top with 1 oz. FRITOS® Original Corn Chips.
- 4. Fold one portion of the tortilla up to the middle of the shell and continue until it is closed. The tortilla should be circular in shape when finished.
- 5. Grill the wrap on a panini press at 325°F for 2-3 minutes or until crispy and hot inside. The wrap can also be heated in the oven but don't over cook to avoid drying out the tortilla.

## **Nutritional Facts Panel**

| Nutrition Fac | cts    |
|---------------|--------|
| 1 Serving:    |        |
| Calories      | 631    |
| Saturated Fat | 13.7 g |
| Sodium        | 1469mg |