



## BBQ CHICKEN NACHOS WITH WALKING TACO DORITOS® REDUCED FAT NACHO CHEESE FLAVORED TORTILLA CHIPS

### Each Serving Provides:

**3.5 oz. Meat/MA** (2.75 oz. chicken +  
.75 oz. cheese)  
**1 1/4 c Vegetables**  
.75 c. **Red/Orange** (1/2 c. tomatoes +  
1/8 c. tomato paste + 1/8 c. carrots)  
.5 c. **Other** (2/3 c. cabbage)  
**2 oz. eq. Grains** (1.4 oz. Walking Taco  
Doritos RF Nacho Cheese)

### BBQ Chicken Nachos with Walking Taco DORITOS® Reduced Fat Nacho Cheese Flavored Tortilla Chips

INGREDIENT	QUANTITY 100 servings	1 Serving
USDA diced, cooked, frozen chicken - thawed	17.187 lbs.	2.75 oz.
BBQ sauce	175 oz. (1 Gal. + 1 Qt. + 1 3/4 c. + 2 Tbsp.)	1.75 oz.
Chicken stock, unsalted	138 oz. (1 Gal. + 1 1/4 c.)	1.375 oz.
USDA carrots, frozen, sliced cooked, drained	1 Gal. + 1/4 c.	1/8 c.
Tomato paste	1/2 c. + 3 Tbsp.	2 Tbsp.
Shredded cabbage	4 Gal. + 2 c.	2/3 c.
Diced tomatoes	4 Gal. + 2 c.	2/3 c.
USDA shredded white cheese	4 lbs. + 11 oz.	.75 oz.
<a href="#">1.4 oz. bags Walking Taco DORITOS® Reduced Fat Nacho Cheese Flavored Tortilla Chips</a>	100	1 - 1.4 oz. bag

### PREPARATION

- In a pot add chicken, BBQ sauce, chicken stock, diced tomatoes and tomato paste.
- Crush carrots and add to meat mixture. Allow the mixture to thicken.
- To serve in the bag, open a bag of Walking Taco DORITOS® Reduced Fat Nacho Cheese Flavored Tortilla Chips and add 3/4 c. chicken mixture into the bag.

4. Top with 2/3 c. shredded cabbage, 2/3 c. diced tomatoes, and 1.5 Tbsp. cheese.

Pour chips out on plate or top directly in bag.

## Nutritional Facts Panel

<b>Nutrition Facts</b>	
<b>1 Serving:</b>	
Calories	492
Saturated Fat	4g
Sodium	947mg