



YOGURT WITH GRANDMA'S® BLUEBERRY CRISPS

Each Serving Provides:

1 oz. Meat/MA
 (4 oz. yogurt = 1 oz. MMA)
½ c. Fruit
 ½ c. **USDA Mixed berries**
1 oz. eq. Grain (1 oz. GRANDMA'S Mini Bites
 Blueberry Vanilla Crisps)

Yogurt with GRANDMA'S® Blueberry Crisps

INGREDIENT	QUANTITY 100 servings	1 Serving
USDA Yogurt	3 Gal . + 2 c.	1/2 c.
USDA Mixed Berries	100-4 oz. cups	1/2 c.
GRANDMA'S® Mini Bites Blueberry Vanilla Crisps	100-1 oz. bags	1 - 1 oz. bag

PREPARATION

1. Scoop 1/2 cup portions of yogurt into individual cups. Hold cold in the refrigerator until needed.
2. To serve, top yogurt with a 4 oz. cup of mixed berries and 1 oz. GRANDMA'S® Blueberry Crisps, or serve separately alongside the yogurt. Serve immediately.

Nutritional Facts Panel

Nutrition Facts	
1 Serving:	
Calories	310
Saturated Fat	.5g
Sodium	124mg