



MUNCHIES® MUNCH MIX SNACK MIX - .875OZ.

Claims

WHOLE GRAIN
Meets USDA Whole Grain-Rich Criteria

ALLERGENS
Not Containing Peanuts or Tree Nuts

Ingredients

QUAKER® Oatmeal Squares - Brown Sugar Whole Oat Flour, Whole Wheat Flour, Brown Sugar, Sugar, Maltodextrin (Made from Corn), Malted Barley Extract, Molasses, Salt, Calcium Carbonate, Sodium Bicarbonate, Natural Flavors, Artificial Color (Yellow 5, Yellow 6), Sodium Ascorbate, Reduced Iron, Alpha Tocopheryl Acetate (Vitamin E), BHT (Preservative), Niacinamide (Vitamin B3), Zinc Oxide, Thiamin Mononitrate (Vitamin B1), Folic Acid, Pyridoxine Hydrochloride (Vitamin B6), Vitamin A Palmitate, Riboflavin (Vitamin B2), Ascorbic Acid, and Corn Syrup. ROLD GOLD® Heartzels® Pretzels Whole Wheat Flour, Enriched Flour (Wheat Flour, Niacin, Reduced Iron, Thiamin Mononitrate, Riboflavin, Folic Acid), Corn Syrup, Corn Oil, Salt, Yeast, and Ammonium Bicarbonate. SUNCHIPS® Harvest Cheddar® Flavored Mini Whole Grain Snacks Whole Corn, Sunflower and/or Canola Oil, Whole Wheat, Brown Rice Flour, Whole Oat Flour, Sugar, Maltodextrin (Made from Corn), Salt, Cheddar Cheese (Milk, Cheese Cultures, Salt, Enzymes), Natural Flavors, Whey, Whey Protein Concentrate, Onion Powder, Romano Cheese (Cow's Milk, Cheese Cultures, Salt, Enzymes), Buttermilk, Yeast Extract, Citric Acid, Paprika Extracts, Lactic Acid, Garlic Powder, Parmesan Cheese (Milk, Cheese Cultures, Salt, Enzymes), and Skim Milk. SMARTFOOD DELIGHT® White Cheddar Cheese Popcorn Popcorn, Vegetable Oil (Corn, Canola, and/or Sunflower Oil), Maltodextrin (Made from Corn), Reduced Lactose Whey, Cheddar Cheese (Milk, Cheese Cultures, Salt, Enzymes), Salt, Whey Protein Concentrate, Whey, Natural Flavors, Buttermilk, Potassium Chloride, Lactic Acid, and Citric Acid. CHEETOS® Asteroids Cheese Flavored Snacks Enriched Corn Meal (Corn Meal, Ferrous Sulfate, Niacin, Thiamin Mononitrate, Riboflavin, Folic Acid), Vegetable Oil (Corn, Canola, and/or Sunflower Oil), Cheese Seasoning (Whey, Cheddar Cheese [Milk, Cheese Cultures, Salt, Enzymes], Canola Oil, Maltodextrin [Made from Corn], Natural and Artificial Flavors, Salt, Whey Protein Concentrate, Monosodium Glutamate, Lactic Acid, Citric Acid, Artificial Color [Yellow 6]), and Salt. CONTAINS MILK AND WHEAT INGREDIENTS.

Nutritional Facts

Servings Per Container: 1

Serving Size: 1 package

Calories: 110

Nutrient Type	Packaged: Value(Quantity Contained)	Packaged: Value(% Daily Value)
Total Fat:	3.5 g	4%
Saturated Fat:	0 g	0%
Trans Fat:	0 g	
Cholesterol:	0mg	0%
Sodium:	180 mg	8%
Total Carbohydrate:	17 g	6%
Dietary Fiber:	2 g	7%
Total Sugars:	2 g	
Includes 2 g Added Sugars:	0 g	4%
Protein:	2 g	
Vitamin D:	0 mcg	0%
Calcium:	30 mg	2%
Iron:	2.8 g	15%
Potassium:	70 mg	0%

Product Specs

CASE UPC: 00028400363082

KOSHER STATUS: Not Kosher

PACKAGE UPC: 0028400672405

GRAIN OZ. EQ: 1 oz. eq.

CASE PACK: 104/.875 oz. bags

SMART SNACK COMPLIANT: Yes – 50% or more whole grains by weight