



**Product Name:** Quaker® Instant Oatmeal Packet - Cinnamon & Spice    **Product Code:** 56732  
**Serving Size:** 1 packet (43 g; 1.51 oz)    **Date:** 01/01/2024

**Grains Based on Grams of Creditable Grains**

Does this product meet the Whole Grain-Rich Criteria:   
 Does this product contain non-creditable grains:

Description of Creditable Grain Ingredient	Exhibit A Group (A - I) the Product Belongs To	Grams of Creditable Grain Ingredient per Portion (A)	Gram Standard of Creditable Grain per oz Equivalent (B)	Creditable Amount (A / B)
Whole Grain Oats	Group H	32.00 g	28.00 g	1.1428 oz eq.
<b>Total Grains Based on Grams of Creditable Grains Creditable Amount:</b>				<b>1.00 oz eq.</b>

**Meal Pattern Contribution Statement**

I certify that the above information is true and correct and that a **1 packet (43 g; 1.51 oz)** ounce serving of the above product (ready for serving) provides **1.00** oz equivalent Grains when prepared according to directions.

I further certify that non-creditable grains are not above 0.24 oz eq. per portion. Products with more than 0.24 oz equivalent or 3.99 grams for Groups A-G or 6.99 grams for Group H of non-creditable grains may not credit towards the grain requirements for school meals.

*Rachel Huber*

\_\_\_\_\_  
Signature

Rachel Huber, MPH, RDN

\_\_\_\_\_  
Printed Name

PepsiCo Foodservice Dietitian

\_\_\_\_\_  
Title

972-334-4789

\_\_\_\_\_  
Phone Number

# Quaker Instant Oatmeal, Cinnamon Spice 1.51 Oz 8 Count

GTIN: 00030000567326 | UPC: 030000567326

NET CONTENT: 12.1 Ounce | PRODUCT ID:



Great mornings inspire great days bustling with new possibilities, unknown adventures, and amazing friends. Prepare for all that lies ahead by filling your bowls, bellies, and hearts with the love of a nourishing breakfast from Quaker Oats.

## FEATURES & BENEFITS

- Cinnamon Spice
- 145.2 Ounce
- No Artificial Preservatives
- No Artificial Flavors
- No Artificial Sweeteners
- No Added Colors

<b>Brand Owner</b>	PepsiCo Inc. Brand Owner
<b>Brand Name</b>	Quaker
<b>Manufacturer</b>	QTG
<b>Volume</b>	.054 Cubic foot
<b>Minimum Life Span (days)</b>	
<b>From Arrival:</b>	<b>From Production:</b> 360
<b>Storage &amp; Handling Temperature</b>	
<b>Minimum:</b> 35 °F	<b>Maximum:</b> 85 °F
<b>Origin</b>	
<b>Region:</b>	<b>Country:</b> US

## Nutrition Facts

**Serving size 1 packet (43g)**

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**Amount per serving**

**Calories 160**

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**% Daily Value\***

<b>Total Fat</b> 2.5g	<b>3%</b>
Saturated Fat 0.5g	<b>3%</b>
Trans Fat 0g	
Polyunsaturated Fat 0.5g	
Monounsaturated Fat 1g	
<b>Cholesterol</b> 0mg	<b>0%</b>
<b>Sodium</b> 200mg	<b>9%</b>
<b>Total Carbohydrate</b> 32g	<b>12%</b>
Dietary Fiber 3g	<b>11%</b>
Soluble Fiber 1g	
Total Sugars 10g	
Includes 10g Added Sugars	<b>20%</b>
<b>Protein</b> 4g	

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Vitamin D 0mcg	0%
Calcium 20mg	0%
Iron 1.3mg	6%
Potassium 130mg	2%

\* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

**INGREDIENTS:** WHOLE GRAIN OATS, SUGAR, SALT, CINNAMON AND OTHER SPICES, NATURAL FLAVOR.

GTIN	Level	Qty of Next Level Item(s)	H x W x D	Weight		Ti x Hi
				Net	Gross	
20030000567320	Pallet	72	56.375 x 41.732 x 48.11 Inches	648 Pound	820.8 Pound	12 x 6
10030000567323	Case	12	8.563 x 8.25 x 20.25 Inches	9 Pound	11.4 Pound	12 x 6
00030000567326	Each	1	7.875 x 4.75 x 2.5 Inches	12.1 Ounce	12.1 Ounce	



## Smart Snacks Product Calculator Results

Brand:  
**Quaker Instant Oatmeal**

Product Name:  
**Cinnamon & Spice**

Serving Size:  
**42.81 g**

First Ingredient:  
**Whole Grain Oats**

Your whole grain product meets all nutrient standards for entrees or snack foods.

for sides.

## Nutrition Facts

Serving Size 1.51 oz (about 42.81 g) ⓘ

Servings Per Container

Amount Per Serving

**Calories** 160

**Total Fat (g)** 2.5

Saturated Fat (g) 0.5

Trans Fat (g) 0

**Sodium (mg)** 200

**Carbohydrates**

Total Sugars (g) 10

Vitamin D (%) NA

Potassium (%) NA

Calcium (%) NA

Dietary Fiber (%) NA

*The person or group responsible for the point of sale to students on campus should verify a product's compliance and print their own Calculator results for documentation intended for compliance purposes. Results from this calculator have been determined by the USDA to be accurate in assessing product compliance with the Federal requirements for Smart Snacks in Schools provided the information is not misrepresented when entered into the Calculator.*