

Product Name: Buckeye® Quick Rolled Oats

Serving Size: 1/2 cup dry (40 g)

Product Code: 20164

Date: 01/01/2026

Grains Based on Grams of Creditable Grains

Does this product meet the Whole Grain-Rich Criteria: ☒

Does this product contain non-creditable grains: ☐

Description of Creditable Grain Ingredient	Exhibit A Group (A - I) the Product Belongs To	Grams of Creditable Grain Ingredient per Portion (A)	Gram Standard of Creditable Grain per oz Equivalent (B)	Creditable Amount (A / B)
Whole Grain Rolled Oats	Group H	40.00 g	28.00 g	1.4285 oz eq.
Total Grains Based on Grams of Creditable Grains Creditable Amount:				1.25 oz eq.

Meal Pattern Contribution Statement

I certify that the above information is true and correct and that a **1/2 cup dry (40 g)** ounce serving of the above product (ready for serving) provides **1.25** oz equivalent Grains when prepared according to directions.

I further certify that non-creditable grains are not above 0.24 oz eq. per portion. Products with more than 0.24 oz equivalent or 3.99 grams for Groups A-G or 6.99 grams for Group H of non-creditable grains may not credit towards the grain requirements for school meals.



Signature

Rachel Huber, MPH, RDN

Printed Name

PepsiCo Foodservice Dietitian

Title

972-334-4789

Phone Number

GTIN: 00030000201640 | UPC:
NET CONTENT: 50 Pound | PRODOT ID: 20164

Famous QUAKER Quick Oats in an economical 50 LB bag is the correct choice if you are serving a lot of people at once and are short on time.



Brand Owner	PepsiCo Inc. Brand Owner
Brand Name	Quaker
Manufacturer	Quaker Food and Beverage
Volume	1.905 Cubic foot

FEATURES & BENEFITS

- Regular
- 800 Ounce
- Kosher

INSTRUCTIONS

- 32 Servings: 2 lb. 10 oz. oats, 1 gal + 3 qtr. water, 1 tablespoon salt (optional); 17 Servings: 1 lb. 8 oz. (2 qtr.) oats, 1 gal water, 2 teaspoons salt (optional); 8 Servings: 12 oz. (1 qtr.) oats, 2 qtr. water, 1 teaspoon salt (optional); 2 Servings: 3 oz. (1 cup) oats, 2 cups water, 1 dash salt (optional) Direct Heat Method: In heavy saucepan, stir oats into briskly boiling salted water. Return to boil; reduce heat. Simmer 1 to 2 minutes, stirring occasionally. Transfer to steamtable pan and cover. Hold on steamtable on medium (No. 5 setting) up to 1 hour. Stir before serving. Steam-Jacketed Kettle Method: Stir oats into briskly boiling salted water. Return to boil; reduce heat. Simmer 1 to 2 minutes, stirring occasionally. Transfer to steamtable pan and cover. Hold on steamtable on medium (No. 5 setting) up to 30 minutes. Stir before serving.
- MICROWAVE DIRECTIONS* 1. For 1 serving, combine water, salt and Oats in 2 cup microwaveable cereal bowl. 2. Microwave on HIGH 2-1/2 to 3 minutes or until thickened. 3. Mix well before serving. *Microwave ovens vary in power; cooking times may need to be adjusted.

Storage & Handling Temperature	
Minimum: 35 °F	Maximum: 85 °F
Origin	Country: US
Region:	

INGREDIENTS: WHOLE GRAIN ROLLED OATS.

Nutrition Facts	
565 servings per container	
Serving Size	1/2 cup dry (40g)
Amount Per Serving	
Calories	150
% Daily Value *	
Total Fat 3g	4%
Saturated Fat 0.5g	3%
Trans Fat 0g	
Cholesterol 0mg	0%
Sodium 0mg	0%
Total Carbohydrates 27g	10%
Dietary Fiber 4g	13%
Total Sugars 1g	
Includes 0g Added Sugars	0%
Protein 5g	
Vitamin D 0mcg 0%	Calcium 20mg 0%
Iron 1.5mg 8%	Potassium 150mg 2%
*The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.	

GTIN	Level	Qty of Next Level Item(s)	H x W x D	Weight		Ti x Hi
				Net	Gross	
00030000201640	Each	1	38.5 x 4.5 x 19 Inches	50 Pound	51 Pound	3 x 12



Product formulation, packaging and promotions may change. For current information, refer to packaging. Information may also differ from package labels because of the limited space on some packages.