

**Product Name:** Buckeye® Quick Rolled Oats  
**Serving Size:** 1/2 cup dry (40 g)

**Product Code:** 20164  
**Date:** 01/01/2026

**Grains Based on Grams of Creditable Grains**

Does this product meet the Whole Grain-Rich Criteria:

Does this product contain non-creditable grains:

| Description of Creditable Grain Ingredient                                 | Exhibit A Group (A - I) the Product Belongs To | Grams of Creditable Grain Ingredient per Portion (A) | Gram Standard of Creditable Grain per oz Equivalent (B) | Creditable Amount (A / B) |
|--|--|--|---|---------------------------|
| Whole Grain Rolled Oats  | Group H  | 40.00 g  | 28.00 g   | 1.4285 oz eq.             |
| <b>Total Grains Based on Grams of Creditable Grains Creditable Amount:</b> |  |  |   | <b>1.25 oz eq.</b>        |

**Meal Pattern Contribution Statement**

I certify that the above information is true and correct and that a **1/2 cup dry (40 g)** ounce serving of the above product (ready for serving) provides **1.25** oz equivalent Grains when prepared according to directions.

I further certify that non-creditable grains are not above 0.24 oz eq. per portion. Products with more than 0.24 oz equivalent or 3.99 grams for Groups A-G or 6.99 grams for Group H of non-creditable grains may not credit towards the grain requirements for school meals.



Signature

Rachel Huber, MPH, RDN

Printed Name

PepsiCo Foodservice Dietitian

Title

972-334-4789

Phone Number

**Buckeye/Quaker Quick 1-Minute Oats 800 Oz**

GTIN: 00030000201640 | UPC:

NET CONTENT: 50 Pound | PRODUCT ID: 20164

Famous QUAKER Quick Oats in an economical 50 LB bag is the correct choice if you are serving a lot of people at once and are short on time.

**FEATURES & BENEFITS**

- Regular
- 800 Ounce
- Kosher

**INSTRUCTIONS**

- 32 Servings: 2 lb. 10 oz. oats, 1 gal + 3 qtr. water, 1 tablespoon salt (optional); 17 Servings: 1 lb. 8 oz. (2 qtr.) oats, 1 gal water, 2 teaspoons salt (optional); 8 Servings: 12 oz. (1 qtr.) oats, 2 qtr. water, 1 teaspoon salt (optional); 2 Servings: 3 oz. (1 cup) oats, 2 cups water, 1 dash salt (optional) Direct Heat Method: In heavy saucepan, stir oats into briskly boiling salted water. Return to boil; reduce heat. Simmer 1 to 2 minutes, stirring occasionally. Transfer to steamtable pan and cover. Hold on steamtable on medium (No. 5 setting) up to 1 hour. Stir before serving. Steam-Jacketed Kettle Method: Stir oats into briskly boiling salted water. Return to boil; reduce heat. Simmer 1 to 2 minutes, stirring occasionally. Transfer to steamtable pan and cover. Hold on steamtable on medium (No. 5 setting) up to 30 minutes. Stir before serving.
- MICROWAVE DIRECTIONS\* 1. For 1 serving, combine water, salt and Oats in 2 cup microwaveable cereal bowl. 2. Microwave on HIGH 2-1/2 to 3 minutes or until thickened. 3. Mix well before serving. \*Microwave ovens vary in power; cooking times may need to be adjusted.

**Brand Owner**

PepsiCo Inc. Brand Owner

**Brand Name**

Quaker

**Manufacturer**

Quaker Food and Beverage

**Volume**

1.905 Cubic foot

**Storage & Handling Temperature**

Minimum: 35 °F

Maximum: 85 °F

**Origin****Region:****Country:** US**INGREDIENTS:** WHOLE GRAIN ROLLED OATS.

| <b>Nutrition Facts</b>   |                   |
|--|-------------------|
| 565 servings per container   |                   |
| <b>Serving Size</b>  | 1/2 cup dry (40g) |
| Amount Per Serving   |                   |
| <b>Calories</b>  | <b>150</b>        |
| % Daily Value *  |                   |
| <b>Total Fat</b> 3g  | 4%                |
| Saturated Fat 0.5g   | 3%                |
| Trans Fat 0g   |                   |
| <b>Cholesterol</b> 0mg   | 0%                |
| <b>Sodium</b> 0mg  | 0%                |
| <b>Total Carbohydrates</b> 27g   | 10%               |
| Dietary Fiber 4g   | 13%               |
| Total Sugars 1g  |                   |
| Includes 0g Added Sugars   | 0%                |
| <b>Protein</b> 5g  |                   |
| Vitamin D 0mcg   | 0%                |
| Iron 1.5mg   | 8%                |
| Calcium 20mg   | 0%                |
| Potassium 150mg  | 2%                |
| *The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice. |                   |

| GTIN           | Level | Qty of Next Level Item(s) | H x W x D              | Weight   |          | Ti x Hi |
|----------------|-------|---------------------------|------------------------|----------|----------|---------|
|                |       |                           |                        | Net      | Gross    |         |
| 00030000201640 | Each  | 1                         | 38.5 x 4.5 x 19 inches | 50 Pound | 51 Pound | 3 x 12  |



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