

**Product Name:** Quaker® Instant Oatmeal Packet - Original  
**Serving Size:** 1 packet (28 g; 0.98 oz)

**Product Code:** 43661  
**Date:** 01/01/2026

### Grains Based on Grams of Creditable Grains

Does this product meet the Whole Grain-Rich Criteria: ☒

Does this product contain non-creditable grains: ☐

Description of Creditable Grain Ingredient	Exhibit A Group (A - I) the Product Belongs To	Grams of Creditable Grain Ingredient per Portion (A)	Gram Standard of Creditable Grain per oz Equivalent (B)	Creditable Amount (A / B)
Whole Grain Oats	Group H	27.00 g	28.00 g	0.9642 oz eq.
Total Grains Based on Grams of Creditable Grains Creditable Amount:				0.75 oz eq.

### Meal Pattern Contribution Statement

I certify that the above information is true and correct and that a **1 packet (28 g; 0.98 oz)** ounce serving of the above product (ready for serving) provides **0.75** oz equivalent Grains when prepared according to directions.

I further certify that non-creditable grains are not above 0.24 oz eq. per portion. Products with more than 0.24 oz equivalent or 3.99 grams for Groups A-G or 6.99 grams for Group H of non-creditable grains may not credit towards the grain requirements for school meals.



Signature

Rachel Huber, MPH, RDN

Printed Name

PepsiCo Foodservice Dietitian

Title

972-334-4789

Phone Number

## Quaker Instant Oats 0.98 Ounce 48 Pack

GTIN: 10030000436612 | UPC:

NET CONTENT: 47.04 Ounce | PRODUCT ID: 43661

QUAKER Instant Oatmeal Single Serve packets is the right option for you to purchase if you are a low volume seller of oatmeal and you want to control your food costs. You can quickly prepare QUAKER Instant Oatmeal and customize for table service. Also a great option if you include instant oatmeal on your breakfast bar.



### FEATURES & BENEFITS

- QUAKER Instant Oatmeal Single Serve packets is the right option for you to purchase if you are a low volume seller of oatmeal and you want to control your food costs.
- You can quickly prepare QUAKER Instant Oatmeal and customize for table service.
- Also a great option if you include instant oatmeal on your breakfast bar.

### INSTRUCTIONS

- All products are code dated with expiration date. Rotate product to insure fresh products. Destroy out of code products. Store out of direct sunlight at room temperature.
- Make with Hot Water: Empty packet into bowl. Add up to 1/2 cup boiling water, stir. For thicker oatmeal, use less water. For 2 Packets: Empty packets into bowl. Add 1 cup boiling water; stir.

- No Artificial Preservatives
- No Artificial Sweeteners
- No Artificial Flavors
- No Added Colors



Nutrition Facts	
24 servings per container	
Serving size 1 packet (28g)	
Amount per serving	
<b>Calories</b>	<b>100</b>
% Daily Value*	
<b>Total Fat</b> 2g	<b>3%</b>
Saturated Fat 0.5g	<b>3%</b>
Trans Fat 0g	
Polyunsaturated Fat 0.5g	
Monounsaturated Fat 0.5g	
<b>Cholesterol</b> 0mg	<b>0%</b>
<b>Sodium</b> 75mg	<b>3%</b>
<b>Total Carbohydrate</b> 19g	<b>7%</b>
Dietary Fiber 3g	<b>9%</b>
Soluble Fiber 1g	
Total Sugars 0g	
Includes 0g Added Sugars	<b>0%</b>
<b>Protein</b> 4g	
Vitamin D 0mcg	0%
Calcium 120mg	8%
Iron 8mg	40%
Potassium 100mg	2%
* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.	

Brand Owner	PepsiCo Inc. Brand Owner
Brand Name	Quaker
Manufacturer	Quaker Food and Beverage
Volume	.538 Cubic foot

### Storage & Handling Temperature

Minimum: 35 °F Maximum: 85 °F

Origin	Country: US
Region:	

INGREDIENTS: WHOLE GRAIN OATS, CALCIUM CARBONATE, SALT, REDUCED IRON.

GTIN	Level	Qty of Next Level Item(s)	H x W x D	Weight		Ti x Hi
				Net	Gross	
30030000436616	Pallet	96	53 x 40 x 48 Inches	288 Pound	364.8 Pound	8 x 12
10030000436612	Case	48	6 x 10 x 15.5 Inches	3 Pound	3.8 Pound	12 x 8
00030000001271	Each	1	5 x 4.125 x 0.5 Inches	1 Ounce	1 Ounce	

GTIN	Level	Qty of Next Level Item(s)	H x W x D	Weight		Ti x Hi
				Net	Gross	
20030000436619	Pallet	168	53 x 48 x 40 Inches	504 Pound	588 Pound	9 x 15
10030000436612	Case	48	6 x 10 x 15.5 Inches	3 Pound	3.8 Pound	12 x 8
Additional information not displayed						



10030000436612



30030000436616

Product formulation, packaging and promotions may change. For current information, refer to packaging. Information may also differ from package labels because of the limited space on some packages.

## Smart Snacks Product Calculator Results

Brand:  
**Instant Quaker Oatmeal**

Product Name:  
**Original**


Serving Size:  
**27.78 g**

First Ingredient:  
**Whole Grain Oats**

Your whole grain product meets all nutrient  
standards for entrees or snack foods.

for sides.

## Nutrition Facts

**Serving Size** 0.98 oz (about 27.78 g) 

**Servings Per Container**

Amount Per Serving

**Calories** 100

**Total Fat (g)** 2

Saturated Fat (g) 0.5

Trans Fat (g) 0

**Sodium (mg)** 75

**Carbohydrates**

Total Sugars (g) 0

Vitamin D (%) NA

Potassium (%) NA

Calcium (%) NA

Dietary Fiber (%) NA

*The person or group responsible for the point of sale to students on campus should verify a product's compliance and print their own Calculator results for documentation intended for compliance purposes. Results from this calculator have been determined by the USDA to be accurate in assessing product compliance with the Federal requirements for Smart Snacks in Schools provided the information is not misrepresented when entered into the Calculator.*