

Product Name: Reduced Fat Cheetos® Puffs WGR

Product Code: 21910

Serving Size: 0.7 oz

Date: 01/01/2026

Grains Based on Grams of Creditable Grains

Does this product meet the Whole Grain-Rich Criteria:

Does this product contain non-creditable grains:

Description of Creditable Grain Ingredient	Exhibit A Group (A - I) the Product Belongs To	Grams of Creditable Grain Ingredient per Portion (A)	Gram Standard of Creditable Grain per oz Equivalent (B)	Creditable Amount (A / B)
Enriched Corn Meal	Group B	7.58 g	16.00 g	0.4737 oz eq.
Whole Grain Corn Meal	Group B	9.27 g	16.00 g	0.5793 oz eq.
Total Grains Based on Grams of Creditable Grains Creditable Amount:				1.00 oz eq.

Meal Pattern Contribution Statement

I certify that the above information is true and correct and that a **0.7 oz** ounce serving of the above product (ready for serving) provides **1.00** oz equivalent Grains when prepared according to directions.

I further certify that non-creditable grains are not above 0.24 oz eq. per portion. Products with more than 0.24 oz equivalent or 3.99 grams for Groups A-G or 6.99 grams for Group H of non-creditable grains may not credit towards the grain requirements for school meals.



Signature

Rachel Huber, MPH, RDN

Printed Name

PepsiCo Foodservice Dietitian

Title

972-334-4789

Phone Number

Reduced Fat Cheetos Puffs 0.7 Ounces/72 Count

GTIN: 00028400219105 | UPC:

NET CONTENT: 72 Count | PRODUCT ID: 21910



Brand Owner Pepsi-Cola US

Brand Name Cheetos

Manufacturer Frito-Lay

Volume 2.653 Cubic foot

Storage & Handling Temperature

Minimum: 35 °F

Maximum: 85 °F

Origin

Region:

Country: US

GTIN	Level	Qty of Next Level Item(s)	H x W x D	Weight		Ti x Hi
				Net	Gross	
00028400219105	Case	72	14.063 x 16.25 x 20.063 Inches	3.15 Pound	4.94 Pound	6 x 6
00028400190473	Each	1	7.588 x 5.388 x 2.013 Inches	0.7 Ounce	0.7 Ounce	



00028400219105

Reduced Fat

Cheetos Puffs Baked Cheese Flavored Snacks 0.7 Oz

01/01/2026

GTIN: 00028400190473 | UPC: 028400190473

NET CONTENT: 19.8 Gram | PRODUCT ID:

CHEETOS snacks are the much-loved cheesy treats that are fun for everyone! You just can't eat a CHEETOS snack without licking the "cheetle" off your fingertips. And wherever the CHEETOS brand and CHESTER CHEETAH go, cheesy smiles are sure to follow.



FEATURES & BENEFITS

- GLUTEN FREE
- Great cheesy flavor for you to enjoy
- Tasty snack to pair with your lunch
- Made With Real Cheese
- Whole Grain Council Stamp

INSTRUCTIONS

- Ready To Eat

ALLERGENS

- CONTAINS MILK INGREDIENTS

NUTRITIONAL CLAIMS

- Gluten Free
- Made With Real Cheese
- No Artificial Flavors



EAT 48g OR MORE OF WHOLE GRAIN DAILY

Brand Owner	PepsiCo Inc. Brand Owner
Brand Name	Cheetos
Manufacturer	Frito-Lay
Volume	.048 Cubic foot

Storage & Handling Temperature

Minimum: 35 °F

Maximum: 85 °F

Origin Region:	Country: US
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INGREDIENTS: WHOLE CORN MEAL, ENRICHED CORN MEAL (CORN MEAL, NIACIN, FERROUS SULFATE, THIAMIN MONONITRATE, RIBOFLAVIN, FOLIC ACID), VEGETABLE OIL (CORN, CANOLA, AND/OR SUNFLOWER OIL), WHEY, CORN MALTODEXTRIN, CHEDDAR CHEESE (MILK, CHEESE CULTURES, SALT, ENZYMES), AND LESS THAN 2% OF NATURAL FLAVOR, SALT, PAPRIKA EXTRACT (COLOR), LACTIC ACID, CITRIC ACID, ACETIC ACID, POTASSIUM SALT, YEAST EXTRACT, BUTTER OIL, AND BUTTERMILK.

CONTAINS MILK INGREDIENTS.

Nutrition Facts

Serving size	1 package
Amount Per Serving	
Calories	90
	% Daily value*
Total Fat 3.5g	4%
Saturated Fat 0.5g	3%
Trans Fat 0g	
Cholesterol 0mg	0%
Sodium 70mg	3%
Total Carbohydrate 14g	5%
Dietary Fiber less than 1g	3%
Total Sugars less than 1g	
Protein 2g	
Vitamin D 0mcg	0%
Calcium 10mg	0%
Iron 0.7mg	4%
Potassium 90mg	0%

Not a significant source of added sugars.

* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.



Smart Snacks Product Calculator Results

Brand:
Cheetos

Product Name:
Reduced Fat Puffs

Serving Size:
19.84 g

First Ingredient:
Whole Corn Meal

Your whole grain product meets all nutrient standards for entrees or snack foods.

 **Your product is compliant!**

Nutrition Facts

Serving Size 0.7 oz (about 19.84 g) 

Servings Per Container 

Amount Per Serving

Calories 90

Total Fat (g) 3.5

Saturated Fat (g) 0.5

Sodium (mg) 70

Carbohydrates

Total Sugars (g) 0

Vitamin D (%) NA

Potassium (%) NA

Calcium (%) NA

Dietary Fiber (%) NA

The person or group responsible for the point of sale to students on campus should verify a product's compliance and print their own Calculator results for documentation intended for compliance purposes. Results from this calculator have been determined by the USDA to be accurate in assessing product compliance with the Federal requirements for Smart Snacks in Schools provided the information is not misrepresented when entered into the Calculator.