



Product Name: Rold Gold® WGR Heartzels Pretzels

Serving Size: 0.7 oz

Product Code: 15940

Date: 01/01/2026

Grains Based on Grams of Creditable Grains

Does this product meet the Whole Grain-Rich Criteria: ☒

Does this product contain non-creditable grains: ☐

Description of Creditable Grain Ingredient	Exhibit A Group (A - I) the Product Belongs To	Grams of Creditable Grain Ingredient per Portion (A)	Gram Standard of Creditable Grain per oz Equivalent (B)	Creditable Amount (A / B)
Enriched Wheat Flour	Group B	8.48 g	16.00 g	0.5300 oz eq.
Whole Wheat Flour	Group B	8.83 g	16.00 g	0.5518 oz eq.
Total Grains Based on Grams of Creditable Grains Creditable Amount:				1.00 oz eq.

Meal Pattern Contribution Statement

I certify that the above information is true and correct and that a **0.7 oz** ounce serving of the above product (ready for serving) provides **1.00** oz equivalent Grains when prepared according to directions.

I further certify that non-creditable grains are not above 0.24 oz eq. per portion. Products with more than 0.24 oz equivalent or 3.99 grams for Groups A-G or 6.99 grams for Group H of non-creditable grains may not credit towards the grain requirements for school meals.

Signature

Rachel Huber, MPH, RDN

Printed Name

PepsiCo Foodservice Dietitian

Title

972-334-4789

Phone Number

Rold Gold Hartzels Pretzels 0.7 Ounce/104

GTIN: 00028400159401 | UPC:

NET CONTENT: 104 Count | PRODUCT ID: 15940

ROLD GOLD HEARTZELS Pretzels feature the great taste of ROLD GOLD pretzels. ROLD GOLD HEARTZELS Pretzels are eligible to be served on the tray for K-12 education accounts and counts for 1 OZ eq. grain. ROLD GOLD HEARTZELS Pretzels are Whole Grain Rich, Smart Snack compliant and eligible to be served in K-12 educations accounts a la carte.



Brand Owner	Pepsi-Cola US
Brand Name	Rold Gold
Manufacturer	Frito-Lay
Volume	2.017 Cubic foot

Storage & Handling Temperature
Minimum: 35 °FMaximum: 85 °F

Origin Region:	Country: US
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GTIN	Level	Qty of Next Level Item(s)	H x W x D	Weight		Ti x Hi
				Net	Gross	
00028400159401	Case	104	10.688 x 16.25 x 20.063 Inches	4.55 Pound	6.29 Pound	6 x 8
00028400149624	Each	1	5.313 x 4.375 x 1.4 Inches	0.7 Ounce	0.7 Ounce	



00028400159401

Rold Gold Heartzels Pretzels Original 0.7 Oz

01/01/2026

GTIN: 00028400149624 | UPC: 028400149624
NET CONTENT: 0.7 Ounce | PRODUCT ID:

Between the one-of-a-kind flavor & crispy texture of ROLD GOLD pretzels, you'll fall in love with this baked snack. Try them with peanut butter, hummus or on their own to take your break to a whole new level!

FEATURES & BENEFITS

- KOSHER
- Whole Grain
- Great Valentine's Day snack to share with loved ones.
- Deliciously baked pretzel snack.

INSTRUCTIONS

- Ready To Eat

ALLERGENS

- CONTAINS WHEAT INGREDIENTS



Nutrition Facts	
Serving size	1 package
Amount Per Serving	
Calories	80
% Daily value*	
Total Fat 1g	1%
Saturated Fat 0g	0%
Trans Fat 0g	
Cholesterol 0mg	0%
Sodium 200mg	9%
Total Carbohydrate 16g	6%
Dietary Fiber 2g	6%
Total Sugars less than 1g	
Protein 2g	
Vitamin D 0mcg	0%
Calcium 30mg	2%
Iron 0.8mg	4%
Potassium 120mg	2%
Not a significant source of added sugars.	
* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.	



Brand Owner	PepsiCo Inc. Brand Owner
Brand Name	Rold Gold
Manufacturer	Frito-Lay
Volume	.019 Cubic foot

Storage & Handling Temperature	
Minimum:	Maximum:
Origin Region:	Country: US

INGREDIENTS: Whole Wheat Flour, Enriched Flour (Wheat Flour, Niacin, Reduced Iron, Thiamin Mononitrate, Riboflavin, Folic Acid), Corn Syrup, Corn Oil, Salt, Yeast, and Ammonium Bicarbonate.

CONTAINS WHEAT INGREDIENTS.



Product formulation, packaging and promotions may change. For current information, refer to packaging. Information may also differ from package labels because of the limited space on some packages.

Smart Snacks Product Calculator Results

Brand:
Rold Gold

Product Name:
Heartzels Pretzels

Serving Size:
19.84 g

First Ingredient:
Whole Wheat Flour

Your whole grain product meets all nutrient standards for entrees or snack foods.

Nutrition Facts

Serving Size 0.7 oz (about 19.84 g) ⓘ

Servings Per Container

Amount Per Serving

Calories 80

Total Fat (g) 1

Saturated Fat (g) 0

Trans Fat (g) 0

Sodium (mg) 200

Carbohydrates

Total Sugars (g) 0

Vitamin D (%) NA

Potassium (%) NA

Calcium (%) NA

Dietary Fiber (%) NA

The person or group responsible for the point of sale to students on campus should verify a product's compliance and print their own Calculator results for documentation intended for compliance purposes. Results from this calculator have been determined by the USDA to be accurate in assessing product compliance with the Federal requirements for Smart Snacks in Schools provided the information is not misrepresented when entered into the Calculator.